

| Event | Rink 1 | | Location | Capital Regional Council Kickoff April 25-27, 2025 |
|-------|-------------------|-----------------|----------|--|
| | | | | Friday |
| | | | | 04/25/25 |
| | Start Time | End Time | | |
| | 10:40:00 AM | 11:00:00 AM | | Practice Ice |
| | 11:00:00 AM | 11:20:00 AM | | Practice Ice |
| | 11:20:00 AM | 11:40:00 AM | | Practice Ice |
| | 11:40:00 AM | 11:55:00 AM | | Ice Resurface |
| | 11:55:00 AM | 12:00:00 PM | | Announcements and Anthem |
| 101 | 12:00 PM | 12:40 PM | | Intermediate Women SP |
| 102 | 12:40 PM | 1:05 PM | | Novice Women SP |
| 103 | 1:05 PM | 1:45 PM | | Pre-Juvenile Girls |
| 104 | | | | Juvenile Girls |
| 105 | | | | Juvenile Boys |
| 106 | | | | Open Juvenile Women |
| 107 | 1:45 PM | 2:05 PM | | Preliminary Girls |
| | 2:05 PM | 2:20 PM | | Ice Resurface |
| 108 | 2:20 PM | 2:45 PM | | Aspire 1 Girls Group A |
| 109 | | | | Aspire 1 Girls Group B |
| 110 | 2:45 PM | 3:00 PM | L | Compulsory Moves Level 1 |
| 111 | | | L | Compulsory Moves Level 2 |
| 112 | | | Z | Compulsory Moves Level 3 |
| 113 | | | Z | Compulsory Moves Level 4 |
| 114 | | | Z | Adult Silver Compulsory Moves |
| 115 | 3:00 PM | 3:25 PM | | Aspire 1 Girls Group C |
| 116 | | | | Aspire 1 Girls Group D |
| 117 | | | | Aspire 1 Girls Group E |
| 118 | 3:25 PM | 4:00 PM | | Preliminary Girls Excel Group A |
| 119 | 4:00 PM | 4:35 PM | | Preliminary Girls Excel Group B |
| | 4:35 PM | 4:50 PM | | Ice Resurface |
| 120 | 4:50 PM | 5:10 PM | L | Jumps Challenge Level 1 |
| 121 | | | L | Jumps Challenge Level 2 |
| 122 | | | Z | Jumps Challenge Level 3 |
| 123 | | | L | Jumps Challenge Level 4 |
| 124 | | | L | Adult Silver Jumps Challenge |
| 125 | 5:10 PM | 5:40 PM | | Preliminary Plus Girls Excel Group A |
| 126 | 5:40 PM | 6:10 PM | | Preliminary Plus Girls Excel Group B |
| 127 | 6:10 PM | 6:40 PM | | Preliminary Plus Girls Excel Group B |
| | 6:40 PM | 6:55 PM | | Ice Resurface |
| 128 | 6:55 PM | 7:05 PM | | TOI Open CE |
| 129 | 7:05 PM | 7:10 PM | | TOI Level 3 CE |
| 130 | 7:10 PM | 7:35 PM | | Adult High Beginner Women |
| 131 | | | | Adult Pre-Bronze Men |
| 132 | | | | Adult Bronze Women |
| 133 | | | | Adult Silver Women |
| 134 | | | | Adult Bronze Duets |
| 135 | 7:35 PM | 7:40 PM | | Preliminary Solo Pattern Dance |
| 136 | 7:40 PM | 7:50 PM | | Production Ensemble |
| | | | | End of Day |

ALL TIMES ARE TENTATIVE AND COULD CHANGE

| SATURDAY | | | |
|------------|----------|----------|--|
| 04/26/25 | | | |
| Start Time | End Time | EVENT | |
| | 7:40 AM | 8:00 AM | Practice Ice |
| | 8:00 AM | 8:20 AM | Practice Ice |
| | 8:20 AM | 8:40 AM | Practice Ice |
| | 8:40 AM | 8:55 AM | Ice Resurface |
| | 8:55 AM | 9:00 AM | Announcements |
| 201 | 9:00 AM | 10:05 AM | Aspire 2 Girls Group A |
| 202 | | | Aspire 2 Girls Group B |
| 203 | | | Aspire 2 Girls Group C |
| 204 | 10:05 AM | 10:35 AM | Aspire 2 Girls Group D |
| 205 | | | Aspire 2 Girls Group E |
| 206 | | | Aspire 2 Girls Group F |
| 207 | 10:35 AM | 11:20 AM | Intermediate Women Excel |
| 208 | | | Junior Women Excel |
| 209 | 11:20 AM | 11:35 AM | Aspire 1-4 Duets |
| 210 | | | Basic 6 Girls Elements |
| | 11:35 AM | 11:50 AM | Ice Resurface |
| 211 | 11:50 AM | 12:15 PM | Intermediate Women |
| 212 | 12:15 PM | 12:50 PM | Novice Women Excel |
| | 12:50 PM | 1:10 PM | Practice Ice |
| | 1:10 PM | 1:25 PM | Ice Resurface |
| 213 | 1:25 PM | 1:55 PM | Pre-Juvenile Plus Girls Excel Group A |
| 214 | 1:55 PM | 2:25 PM | Pre-Juvenile Plus Girls Excel Group B |
| 215 | 2:25 PM | 2:55 PM | Pre-Juvenile Plus Girls Excel Group C |
| 216 | | | Pre-Juvenile Plus Boys Excel |
| 217 | 2:55 PM | 3:15 PM | Aspire 1-4 Lyrical Pop |
| 218 | | | Basic 1-6 Lyrical Pop |
| 219 | 3:15 PM | 3:35 PM | Z Spins Challenge Level 2 |
| 220 | | | L Spins Challenge Level 3 |
| 221 | | | Z Spins Challenge Level 4 |
| 222 | | | Z Spins Challenge Level 5 |
| 223 | | | Z Spins Challenge Level 6 |
| | 3:35 PM | 3:50 PM | Ice Resurface |
| 224 | 3:50 PM | 4:45 PM | Intermediate Plus Women Excel Group A |
| 225 | 4:45 PM | 5:35 PM | Intermediate Plus Women Excel Group B |
| 226 | 5:35 PM | 5:50 PM | Aspire 1-4 Emotional Performance |
| | 5:50 PM | 6:05 PM | Ice Resurface |
| 227 | 6:05 PM | 7:00 PM | Juvenile Girls Excel |
| 228 | 7:00 PM | 7:55 PM | Juvenile Plus Girls Excel |
| 229 | 7:55 PM | 8:20 PM | Open Inflatables |
| 230 | | | Adult Pre-Bronze Character Performance |
| 231 | | | Adult Bronze Character Performance |
| 232 | | | Preliminary Character Performance |
| 233 | | | Pre-Preliminary Duets |
| 234 | | | Open-Juvenile Lyrical Pop |
| 235 | 8:20 PM | 8:35 PM | TOI Open Freeskate |
| | | | End of Day |

ALL TIMES ARE TENTATIVE AND COULD CHANGE

| Rink 2 | | Saturday Practice Ice | |
|------------|----------|-------------------------------|--|
| 04/26/25 | | | |
| Start Time | End Time | EVENT | |
| 1:00 PM | 1:10 PM | TOI Open Practice Ice Group 1 | |
| 1:10 PM | 1:20 PM | TOI Open Practice Ice Group 2 | |
| 1:20 PM | 1:40 PM | Practice Ice | |
| 1:40 PM | 2:00 PM | Practice Ice | |
| 2:00 PM | 2:20 PM | Practice Ice | |
| 2:20 PM | 2:30 PM | Practice Ice | |
| 2:30 PM | 2:40 PM | Practice Ice | |

| SUNDAY | | | |
|------------|----------|----------|---------------------------------------|
| 04/27/25 | | | |
| Start Time | End Time | EVENT | |
| | 7:40 AM | 8:00 AM | Practice Ice |
| | 8:00 AM | 8:20 AM | Practice Ice |
| | 8:20 AM | 8:40 AM | Practice Ice |
| | 8:40 AM | 8:55 AM | Ice Resurface |
| | 8:55 AM | 9:00 AM | Announcements |
| 301 | 9:00 AM | 9:25 AM | Pre-Preliminary Girls Excel Group A |
| 302 | 9:25 AM | 9:50 AM | Pre-Preliminary Girls Excel Group B |
| 303 | 9:50 AM | 10:15 AM | Adult Pre Bronze Lyrical Pop |
| 305 | | | Young Adult Duets |
| 306 | | | Preliminary Emotional Performance |
| 307 | | | Pre-Juvenile Character Performance |
| 308 | | | Intermediate Emotional Performance |
| 309 | | | Juvenile Emotional Performance |
| 310 | 10:15 AM | 10:35 AM | Basic 2 Girls Group A |
| 311 | | | Basic 2 Girls Group B |
| 312 | | | Basic 3 Girls |
| 313 | | | Snowplow Sam Girls |
| 314 | 10:35 AM | 10:55 AM | Basic 4 Girls |
| 315 | | | Basic 5 Girls |
| | 10:55 AM | 11:10 AM | Ice Resurface |
| 316 | 11:10 AM | 11:25 AM | Young Adult Character Performance |
| 317 | | | Pre-Preliminary Character Performance |
| 318 | | | Juvenile Character Performance |
| 319 | | | Pre-Juvenile Lyrical Pop |
| 320 | 11:25 AM | 11:50 AM | Aspire 3 Girls Group A |
| 321 | | | Aspire 3 Girls Group B |
| 322 | 11:50 AM | 12:20 PM | Aspire 3 Girls Group C |
| 323 | | | Aspire 3 Girls Group D |
| 324 | | | Aspire 3 Boys |
| 325 | 12:20 PM | 12:35 PM | Preliminary Lyrical Pop |
| 326 | 12:35 PM | 1:10 PM | Aspire 4 Girls Group A |
| 327 | | | Aspire 4 Girls Group B |
| 328 | | | Aspire 4 Girls Group C |
| 329 | 1:10 PM | 1:25 PM | Basic 6 Girls Group A |
| 330 | | | Basic 6 Girls Group B |
| 331 | | | Basic 6 Boys |
| 332 | 1:25 PM | 1:35 PM | Mini Ensemble |
| | | | End of Competition |

ALL TIMES ARE TENTATIVE AND COULD CHANGE